

Eggy Eggplant

Serves @ 4 (3-4 rounds per serving)

1/4 C Egg Substitute

1 Medium eggplant (Slice in 1/2" rounds)

Cooking spray

Cut eggplant in 10-12 1/2" rounds and place in egg mixture. Spray large skillet with cooking spray. Place egg dipped eggplant rounds into skillet and cook until done (@ 2 minutes per side)

From the Kitchen of Martha Silver